Hospitalito Atitlán
Santiago Atitlán, Sololá,
Guatemala
502-7721-7683
www.hospitalitoatitlan.org
In January, family and friends of Dr. Bill Falinski built a garden in his memory. Dr. Bill, an anesthesiologist, volunteered in Guatemala for many years with long-time Hospitalito volunteer Dr. Kevin Bjork. Dr. Bill’s family felt that a tranquil garden was the perfect way to honor his work.
Dear Friends and Donors,

We are pleased to greet you and share important information about the continued improvement and expansion of services at Hospitalito Atitlán, a fact made possible by the kindness of many people who donate time, money, materials, supplies, medications, and unconditional support in our work.

It is incredible that we already have more than four years in the new facilities and that our service has created a spontaneous demand to other municipalities and departments. All of us from the Board of Directors Asociación K’aslimaal, Administration, and all employees feel proud to have reached a total of 27,428 registered patients.

With support from the Strachan Foundation of Costa Rica we continue with the community outreach programs in prevention through education of community health workers, considering that to be the underlying factor in health empowerment in the communities. Our medical volunteers are key to the prenatal and medical care provided in the outreach programs in the rural aldeas of Chacaya and Cerro de Oro.

The World Diabetes Foundation in Denmark continues to put their trust in us and beginning in April we will expand the diabetes program to other municipalities of Sololá, over the next three years. Thanks to Conservation Food & Health, we will begin a new educational project on Family Planning and Reproductive Health in Santiago Atitlán. Hospitalito Atitlán also received ten new infusion pumps thanks to the Dorothea Haus Ross Foundation.

We hope you will take the time to read the annual report to see what can be accomplished through the support and efforts of many.

To date HA has given more than $600,000 in free and discounted medical care. While this number seems high, it represents only a small fraction of the true value of surgeries and treatments subsidized by your volunteer work and medical supply donations. None of this would have been possible without your support.

Juan Manuel Chuc, M.D.
Director Hospitalito Atitlán
What We Do

Hospitalito Atitlán (HA) is a small, private, non-profit hospital, providing access to preventive and clinical healthcare — with an emphasis on the medical needs of women and children — to 75,000 May living on the southern shore of beautiful Lake Atitlán in the Guatemalan highlands. HA has the only 24/7 emergency and surgical obstetrical care within a two-hour radius.

Our dedicated staff is made up of local physicians, nurses and administrators who work hand-in-hand with international volunteer medical professionals to bring quality care to the community. HA promotes ongoing medical education for Guatemalan and international health professionals, which helps to improve the region’s quality of life.

Perelman School of Medicine
Continuing Medical Education

Hospitalito Atitlán receives doctors, nurse practitioners, and nurses from the United States and Canada who want to improve their medical Spanish and receive CME credit. Participants have one-on-one Spanish classes in the mornings and cultural activities in the afternoon in which they learn more about the T’zutujil culture. They take part in discussion with Hospitalito staff and visit with a traditional Maya healer.

When Hospitalito Atitlán receives donations of medications, supplies and medical equipment, we make sure that they are put to the best use. The plantation Carmen Metzabal is located south of Santiago Atitlán where there are no medical services available, only a small clinic with few resources. We share many of our donations with places like Carmen Metzabal, since our mission is to provide medical care for those in need.
Why It’s Important

Throughout the year, Hospitalito Atitlán staff makes a difference in the lives of local children. These are just a few of the pediatric cases treated at HA that had happy endings:

When three-month-old José Manuel Sosof Coché arrived at the hospital emergency room, he was coughing and having difficulty breathing. He was diagnosed with meningitis. He has had a full recovery.

Areceley Josefina Sapalu Ixbalan, a 16-month-old girl, was brought into the ER with a nosebleed, fever and vomiting. She was stabilized and transferred to Unidad Nacional De Oncología Pediátrica (UNOP), where she was hospitalized and received a blood transfusion. She is well and happy.

Daniel Felipe Mesilla Quiejü, four-months old, was referred from the local Health Department clinic with dehydration, diarrhea and vomiting. He was diagnosed with rotavirus and hospitalized for one week, until well.

Juana Maria Chicacjua Rocché (pictured), three-years-old, was brought to the ER in respiratory distress. She was hospitalized three days for pneumonia and has now completely recovered.

Baby boy Brayan Felipe Coché Esquina was brought to the ER when he was 10 days old, suffering from breathing problems. He was intubated by the pediatrician, given oxygen and transferred to a neonatal intensive care hospital in the capital. During the three-hour ambulance ride, a nurse manually assisted the tiny baby’s breathing. Two weeks later, baby Brayan returned home well.

The treatment and recovery of these children, and hundreds more like them, depends entirely on support from our donors. Thank you very much for making this possible.

2014 BY THE NUMBERS

9,712  2,532  40  649  1,133  122
Consultations Emergencias Cesáreas Cirugías Rayos X Traslados
A Year of Successes

Queen Sofía Foundation

The President of Association K’aslimaal, Nicolás “Aklax” Sapalú Damián, secretary Lyn Dickey, and Director Juan Manuel Chuc met with Jeff Buchhalter, a representative of the Spanish pharmaceutical company Normon to receive a generous donation from Her Majesty Queen Sofia of Spain during her visit to Guatemala in April. Thank you to Jorge Alborna from Amicelco Corporation for helping to make this donation a reality.

GREAT NEWS FOR THE DEPARTMENT OF SOLOLÁ

Hospitalito Atitlán received great news from the World Diabetes Foundation in Denmark in November. WDF approved a grant that will extend the diabetes education and prevention program for three more years and expand it to 20 new clinics in the department of Sololá. The program will begin in April of 2015 and will also include education for middle and high school students and the creation of an educational pamphlet in two more Maya dialects, Kaqchikel and K’iché.

Renewable Energy

In 2012, the World Health Organization encouraged hospitals to be proactive in reducing their environmental footprint and their consumption of energy by utilizing alternative sources of energy, recycling, and conserving their resources. The Hospitalito is following these suggestions and more to create a green building. A sustainable structure equals a healthy environment and a positive impact on patient experience.
Each year, the Nurse Midwifery Program of the University of Pennsylvania schedules trainings for Hospitalito nurses. The week long class in 2014 focused on medications and dosing.

Dr. Lisette Torres, a diabetes specialist who works in the National Hospital San Juan de Dios in Guatemala City, provides educational trainings for the Hospitalito’s diabetes education and prevention program. Her trainings include demonstrations such as how to check for a diabetic foot.

Dr. Andrew Smith of Lawrence, Massachusetts gives a talk on the diagnosis, risks, and treatment of Ebola.
Surgical Teams

In 2014, after three years in the new building, a pattern of returning surgical teams emerged. Teams of many different specialties—including Urology, General Surgery, and Cleft Lip—are returning annually to perform much needed surgeries for hundreds of people at reduced prices.

General Surgeons Dr. Kevin Bjork and Dawn Stapleton along with Urologist Dr. Brad Qualey (pictured) and OB/GYN Dr. John McGuiness performed 83 surgeries in January. Dr. Kevin has been coming to Guatemala since 1998. He began to work with the Hospitalito in 2007. This year, his team donated GreenLight Laser equipment and a laparoscopic tower, which was used to perform 19 life-altering prostate surgeries, alleviating men from years of catheterization.

In September, Drs. Stephanie Jacobs, Felicia Lane and Emily Adams came from the Urogynecology Department of the University of California Irving. The doctors performed 19 pelvic reconstruction surgeries. They raised money amongst their friends and colleagues to defray patient costs. Our patients have never before had the chance to have this type of surgeries and a drastically improved quality of life.

Dermatologists Invar Bronstein, Rudy Roth, Jules Lipoff and Claudia Paz examined patients at HA and in clinics around the lake. The Hospitalito organized clinics in San Juan la Laguna, Santa Cruz la Laguna, San Antonio Chacayá and Cerro de Oro. Dr. Roth of the University of Pennsylvania organized the team’s visit with INDERMA, the Guatemalan dermatology institute.
Volunteer Profile

Dra. Neele Rauers, Bonn, Germany

Doctor Neele Rauers volunteered for three months at the Hospitalito in 2014. She is from Bonn, Germany, where she works as an OB/GYN. “The Hospitalito staff made me feel welcome and comfortable from my very first day. With exceptional patience and huge smiles, the staff helped me to get to know everything—from where supplies were kept in the emergency room to where I could buy the best tortillas in town.”

During her time at the Hospitalito, Neele experienced many different aspects of healthcare in Guatemala. She worked in the outpatient clinic, took call, and also went to rural community health centers to provide care to low-income patients with no access to prenatal care. “While the resources available in Guatemala are more basic than those available in Germany, I enjoyed the challenge of having to rely on one’s instincts and the fundamentals of medicine.” Dr. Neele also gave many talks to Hospitalito patients and staff on prenatal health and female anatomy.

“I enjoyed the challenge of having to rely on one’s instincts and the fundamentals of medicine.”
Volunteers 2014

Volunteers are essential to our work at the Hospitalito. We were thrilled to welcome the following volunteers in 2014:

**Doctors & Nurses**

Aki Fujita, RN  
Mark Silberman  
Aaron Silberman  
Debrah Lebo  
Lauren Michelsen  
Sonya Williams  
John Paul Jarczyk  
Paul Zimmerman  
Neele Rauers  
Michael Brown  
Mary Burchett  
Darius Fewlass  
Kayla Enríquez  
Kristin Dwyer  
Matthew Streckert  
Sarah Lovell  
Jessica Schimidt  
Emily Sanderson  
Stephen Beckwith  
Rhiannon Allen  
Luis Gonzales Bayón  
Kirryn Williams  
Rokhsanna Sagedhi  
Michael Fogarty  
Rachael Meredith  
María Teresa Nieto  
Andrea Gonzalez Nieto  
Marta Colecha  
Collen Skay  
Kyle Youngflesh  
Christina Zarza  
Mary Hegstrom  
Ken Marriner  
Andrew Smith  
Karina Atkinson-Silva  
Elise LaFlamme  
Elizabeth Haines  
Noel Strong  
Alicia Carranza  
Naomi Ufberg  
Rachel Carrol

**Medical Students**

Estudiantes de Medicina

Mania Kypershtok  
Alex Muñoz  
Sandra Valenciano  
Esther Han  
Matthew Difrancesca  
Thomas Naylor

**Non-Medical Volunteers**

El Hospitalito Atitlán está agradecido por las personas que han dado su tiempo y talentos para beneficiar nuestra comunidad. En 2014, ofrecieron servicios en varios áreas, incluyendo:

- Carpintería  
- Comunicación  
- Construcción  
- Recaudación de Fondos  
- Diseño Grafico  
- Inventario  
- Jardinazación  
- Diseño de la Página de Web

Volunteers from Ohio State University come to help and to practice their Spanish. They cleaned the solar panels, put fresh coats of paint on the roof, and helped to organize medicines and supplies in the pharmacy.

Dr. Rokhsanna Sagedhi participated in the Hospitalito’s Spanish and Cultural Immersion CME. She bought along her husband and daughter, and stayed for an extra week to volunteer in the Emergency Department.
Dr. Pedro Tol, originally from Chichicastenango, did a one-year pediatrics practicum at Hospitalito Atitlán. He is doing his residency at Juan Pablo II Children’s Hospital in Guatemala City. During his time at HA, he made weekly home-visits with the HA social worker to sick and malnourished children who have not returned for follow-up care.

**Sharing the Dream**

Juan Sosóf Ixtulúl (left) is an auxiliary nurse who plays many roles within the Hospitalito staff. In 2014 he was selected for a scholarship to become an X-ray technician at the University of Galileo in Guatemala City. The scholarship was made possible by Sharing the Dream, an organization that promotes the professionalization of employees as the best way to help the people of a community.

A part of the scholarship requires community collaboration. To meet this, Juan works as a Spanish-T’zutujil translator during educational talks with the Maternal Infant Program.
Hospitalito Atitlán is able to complete its mission thanks to the generosity and support of all its donors, large and small. We would like to mention in particular those who have donated $5,000 or more:

- Samir D. Gergis Fund $35,000
- Arturo Matheu B. $15,000
- Robert & Julie Finnegan $12,500
- Archdioceses of Oklahoma City $12,000
- Hope for Poor Children $10,000
- Dorthea H. Ross Foundation $7,850
- Help for People Foundation Trust $6,000
- St. Thomas Episcopal Church, San Antonio, TX $5,000
- Freeman Jelks III Family Trust $5,000

Medical Equipment Supplies Abroad (MESA) is affiliated with Rotary. Michael Bostelmann of Rotary Club Guatemala East and MESA sent a container of medical equipment and supplies to Guatemala.

Eagle Scout Avery Atzbach of Troop 525, Pine Creek Ward in Colorado Springs made baby blankets as her project for the Hospitalito. He and his fellow troopers donated 152 adorable blankets that will be given to newborn babies and smaller children who come for cleft lip surgery.
# Financial Report

## Free & Discounted Care

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## Expenses

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<td>Salaries for 40 Employees</td>
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<tr>
<td>Equipment, Utilities, &amp; Maintenance</td>
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<td>Medications &amp; Supplies</td>
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<td>Other</td>
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<td><strong>Total</strong></td>
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## Donations

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<td>Queen Sofia Foundation</td>
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<td>Judy Royer, M.D.</td>
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<td>Direct Relief International</td>
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<td>Cash Donations</td>
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<td>Patient Contributions</td>
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## Social Responsibility

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<td>Free Care from Outreach Programs</td>
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<td>Managing Diabetes in Santiago Atitlán (World Diabetes Foundation)</td>
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<td>Community Outreach (Strachan Family Foundation, Conservation Food &amp; Health)</td>
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<td>Value of Surgical Team Procedures</td>
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