



Hospitalito Atilán
Santiago Atilán, Sololá,
Guatemala
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In January, family and friends of Dr. Bill Falinski built a garden in his memory. Dr. Bill, an anesthesiologist, volunteered in Guatemala for many years with long-time Hospitalito volunteer Dr. Kevin Bjork. Dr. Bill's family felt that a tranquil garden was the perfect way to honor his work.

Carta del Director

Dear Friends and Donors,

We are pleased to greet you and share important information about the continued improvement and expansion of services at Hospitalito Atitlán, a fact made possible by the kindness of many people who donate time, money, materials supplies, medications, and unconditional support in our work.

It is incredible that we already have more than four years in the new facilities and that our service has created a spontaneous demand to other municipalities and departments. All of us from the Board of Directors Asociación K'aslimaal, Administration, and all employees feel proud to have reached a total of 27,428 registered patients.



Dr. Juan Manuel Chuc has been HA director since 2007.

With support from the Strachan Foundation of Costa Rica we continue with the community outreach programs in prevention through education of community health workers, considering that to be the underlying factor in health empowerment in the communities. Our medical volunteers are key to the prenatal and medical care provided in the outreach programs in the rural aldeas of Chacaya and Cerro de Oro.

The World Diabetes Foundation in Denmark continues to put their trust in us and beginning in April we will expand the diabetes program to other municipalities of Sololá, over the next three years. Thanks to Conservation Food & Health, we will begin a new educational project on Family Planning and Reproductive Health in Santiago Atitlán. Hospitalito Atitlán also received ten new infusion pumps thanks to the Dorothea Haus Ross Foundation.

We hope you will take the time to read the annual report to see what can be accomplished through the support and efforts of many.

To date HA has given more than \$600,000 in free and discounted medical care. While this number seems high, it represents only a small fraction of the true value of surgeries and treatments subsidized by your volunteer work and medical supply donations. None of this would have been possible without your support.

Juan Manuel Chuc, M.D.
Director Hospitalito Atitlán

What We Do

Hospitalito Atitlán (HA) is a small, private, non-profit hospital, providing access to preventive and clinical healthcare — with an emphasis on the medical needs of women and children — to 75,000 May living on the southern shore of beautiful Lake Atitlán in the Guatemalan highlands. HA has the only 24/7 emergency and surgical obstetrical care within a two-hour radius.

Our dedicated staff is made up of local physicians, nurses and administrators who work hand-in-hand with international volunteer medical professionals to bring quality care to the community. HA promotes ongoing medical education for Guatemalan and international health professionals, which helps to improve the region's quality of life.



Perelman School of Medicine Continuing Medical Education



Hospitalito Atitlán receives doctors, nurse practitioners, and nurses from the United States and Canada who want to improve their medical Spanish and receive CME credit. Participants have one-on-one spanish classes in the mornings and cultural activities in the afternoon in which they learn more about the T'zutujil culture. They take part in discussion with Hospitalito staff and visit with a traditional Maya healer.



When Hospitalito Atitlán receives donations of medications, supplies and medical equipment, we make sure that they are put to the best use. The plantation Carmen Metzabal is located south of Santiago Atitlán where there are no medical services available, only a small clinic with few resources. We share many of our donations with places like Carmen Metzabal, since our mission is to provide medical care for those in need.

Why It's Important

Saving Lives Every Day

Throughout the year, Hospitalito Atitlán staff makes a difference in the lives of local children. These are just a few of the pediatric cases treated at HA that had happy endings:

When three-month-old José Manuel Sosof Coché arrived at the hospital emergency room, he was coughing and having difficulty breathing. He was diagnosed with meningitis. He has had a full recovery

Arecely Josefina Sapalu Ixbalan, a 16-month-old girl, was brought into the ER with a nosebleed, fever and vomiting. She was stabilized and transferred to Unidad Nacional De Oncología Pediátrica (UNOP), where she was hospitalized and received a blood transfusion. She is well and happy.

Daniel Felipe Mesilla Quieju, four-months old, was referred from the local Health Department clinic with dehydration, diarrhea and vomiting. He was diagnosed with rotavirus and hospitalized for one week, until well.



Juana Maria Chicacjua Rocché (pictured), three-years-old, was brought to the ER in respiratory distress. She was hospitalized three days for pneumonia and has now completely recovered.

Baby boy Brayan Felipe Coché Esquina was brought to the ER when he was 10 days old, suffering from breathing problems. He was intubated by the pediatrician, given oxygen and transferred to a neonatal intensive care hospital in the capital. During the three-hour ambulance ride, a nurse manually assisted the tiny baby's breathing. Two weeks later, baby Brayan returned home well.

The treatment and recovery of these children, and hundreds more like them, depends entirely on support from our donors. Thank you very much for making this possible.

2014 BY THE NUMBERS

9,712

Consultations

2,532

Emergencias

40

Cesáreas

649

Cirugías

1,133

Rayos X

122

Traslados

A Year of Successes



Queen Sofía Foundation

The President of Association K'aslimaal, Nicolás "Aklax" Sapalú Damián, secretary Lyn Dickey, and Director Juan Manuel Chuc met with Jeff Buchhalter, a representative of the Spanish pharmaceutical company Normon to receive a generous donation from Her Majesty Queen Sofía of Spain during her visit to Guatemala in April. Thank you to Jorge Alborna from Amicelco Corporation for helping to make this donation a reality.

GREAT NEWS FOR THE DEPARTMENT OF SOLOLÁ

Hospitalito Atilán received great news from the World Diabetes Foundation in Denmark in November. WDF approved a grant that will extend the diabetes education and prevention program for three more years and expand it to 20 new clinics in the department of Sololá. The program will begin in April of 2015 and will also include education for middle and high school students and the creation of an educational pamphlet in two more Maya dialects, Kaqchikel and K'iché.



Renewable Energy

In 2012, the World Health Organization encouraged hospitals to be proactive in reducing their environmental footprint and their consumption of energy by utilizing alternative sources of energy, recycling, and conserving their resources. The Hospitalito is following these suggestions and more to create a green building. A sustainable structure equals a healthy environment and a positive impact on patient experience.



Education and Trainings



Dr. Andrew Smith of Lawrence, Massachusetts gives a talk on the diagnosis, risks, and treatment of Ebola.



Dr. Lisette Torres, a diabetes specialist what works in the National Hospital *San Juan de Dios* in Guatemala City, provides educational trainings for the Hospitalito's diabetes education and prevention program. Her training include demonstrations such as how to check for a diabetic foot.



UNIVERSITY OF PENNSYLVANIA

Each year, the Nurse Midwifery Program of the University of Pennsylvania schedules trainings for Hospitalito nurses. The week long class in 2014 focused on medications and dosing.

Surgical Teams

In 2014, after three years in the new building, a pattern of returning surgical teams emerged. Teams of many different specialties—including Urology, General Surgery, and Cleft Lip—are returning annually to perform much needed surgeries for hundreds of people at reduced prices.

General Surgeons Dr. Kevin Bjork and Dawn Stapleton along with Urologist Dr. Brad Qualey (pictured) and OB/GYN Dr. John McGuiness performed 83 surgeries in January. Dr. Kevin has been coming to Guatemala since 1998. He began to work with the Hospitalito in 2007. This year, his team donated GreenLight Laser equipment and a laparoscopic tower, which was used to perform 19 life-altering prostate surgeries, alleviating men from years of catheterization.



In Spetember, Drs. Stephanie Jacobs, Felicia Lane and Emily Adams came from the Urogynecology Department of the University of California Irving. The doctors performed 19 pelvic reconstruction surgeries. They raised money amongst their friends and colleagues to defray patient costs. Our patients have never before had the chance to have this type of surgeries and a drastically improved quality of life.

Dermatologists Invar Bronstein, Rudy Roth, Jules Lipoff and Claudia Paz examined patients at HA and in clinics around the lake. The Hospitalito organized clinics in San Juan la Laguna, Santa Cruz la Laguna, San Antonio Chacayá and Cerro de Oro. Dr. Roth of the University of Pennsylvania organized the team's visit with INDERMA, the Guatemalan dermatology institute.



Volunteer Profile

Dra. Neele Rauers, Bonn, Germany



Dr. Neele playing with a newborn baby girl.

Doctor Neele Rauers volunteered for three months at the Hospitalito in 2014. She is from Bonn, Germany, where she works as an OB/GYN. “The Hospitalito staff made me feel welcome and comfortable from my very first day. With exceptional patience and huge smiles, the staff helped me to get to know everything—from where supplies were kept in the emergency room to where I could buy the best tortillas in town.”

During her time at the Hospitalito, Neele experienced many different aspects of healthcare in Guatemala. She worked in the outpatient clinic, took call, and also went to rural community health centers to provide care to low-income patients with no access to prenatal care. “While the resources available in Guatemala are more basic than those available in Germany, I enjoyed the challenge of having to rely on one’s instincts and the fundamentals of medicine.” Dr. Neele also gave many talks to Hospitalito patients and staff on prenatal health and female anatomy.

“I enjoyed the challenge of having to rely on one’s instincts and the fundamentals of medicine.”



All the Hospitalito staff attended Neele’s lakeside going-away party.

Volunteers 2014

Volunteers are essential to our work at the Hospitalito. We were thrilled to welcome the following volunteers in 2014:

Doctors & Nurses

Aki Fujita, RN
Mark Silberman
Aaron Silberman
Debrah Lebo
Lauren Michelsen
Sonya Williams
John Paul Jarczyk
Paul Zimmerman
Neele Rauers
Michael Brown
Mary Burchett
Darius Fewlass
Kayla Enríquez
Kristin Dwyer
Matthew Streckert
Sarah Lovell
Jessica Schimidt
Emily Sanderson
Stephen Beckwith
Rhiannon Allen
Luis Gonzales Bayón
Kirryn Williams
Rokhsanna Sagedhi
Michael Fogarty
Rachael Meredith
María Teresa Nieto
Andrea Gonzalez Nieto
Marta Colecha
Collen Skay
Kyle Youngflesh
Christina Zarza
Mary Hegstrom
Ken Marriner
Andrew Smith
Karina Atkinson-Silva
Elise LaFlamme
Elizabeth Haines
Noel Strong
Alicia Carranza
Naomi Ufberg
Rachel Carrol



Volunteers from Ohio State University come to help and to practice their Spanish. They cleaned the solar panels, put fresh coats of paint on the roof, and helped to organize medicines and supplies in the pharmacy.



Dr. Rokhsanna Sagedhi participated in the Hospitalito's Spanish and Cultural Immersion CME. She brought along her husband and daughter, and stayed for an extra week to volunteer in the Emergency Department.

Medical Students Estudiantes de Medicina

Mania Kypershtok
Alex Muñoz
Sandra Valenciano
Esther Han
Matthew Difrancesca
Thomas Naylor

Non-Medical Volunteers

El Hospitalito Atitlán está agradecido por las personas que han dado su tiempo y talentos para beneficiar nuestra comunidad. En 2014, ofrecieron servicios en varios áreas, incluyendo:

Carpentería
Comunicación
Construcción
Recaudación de Fondos
Diseño Grafico
Inventario
Jardinazación
Diseño de la Página de Web

Hospitalito Staff

SENIOR EMPLOYEES

Director
Dr. Juan Manuel Chuc

Administrator
Rebeca Petzey Cua

Chief of Staff
Dra. Susana Pajoc Gonzalez

Head Nurse
Concepción Damian Ixbalán

OR Manager
Jacinto Garcia Chipir

Social Worker
Vicenta Chavajay Cortéz

Volunteer Coordinator
Febe Sosof Sapalú

Director of Development
Lyn Dickey



Dr. Pedro Tol, originally from Chichicastenango, did a one-year pediatrics practicum at Hospitalito Atitlán. He is doing his residency at Juan Pablo II Children's Hospital in Guatemala City. During his time at HA, he made weekly home-visits with the HA social worker to sick and malnourished children who have not returned for follow-up care.



SHARING THE DREAM

Juan Sosóf Ixtulúl (left) is an auxiliary nurse who plays many roles within the Hospitalito staff. In 2014 he was selected for a scholarship to become an X-ray technician at the University of Galileo in Guatemala City. The scholarship was made possible by Sharing the Dream, an organization that promotes the professionalization of employees as the best way to help the people of a community.

A part of the scholarship requires community collaboration. To meet this, Juan works as a Spanish-T'zutujil translator during educational talks with the Maternal Infant Program.

Amigos Especiales



Bonnie O'Neill, founder and former Chair of Amigos Hospitalito Atitlán, visited the Hospitalito with her family in November. Her daughter and son-in-law, Heather and Freeman Jelks, received a plaque in recognition of their continued support of the Hospitalito.

Hospitalito Atitlán is able to complete its mission thanks to the generosity and support of all its donors, large and small. We would like to mention in particular those who have donated \$5,000 or more:

Samir D. Gergis Fund	\$35,000
Arturo Matheu B.	\$15,000
Robert & Julie Finnegan	\$12,500
Archdioceses of Oklahoma City	\$12,000
Hope for Poor Children	\$10,000
Dorthea H. Ross Foundation	\$7,850
Help for People Foundation Trust	\$6,000
St. Thomas Episcopal Church, San Antonio, TX	\$5,000
Freeman Jelks III Family Trust	\$5,000



Medical Equipment Supplies Abroad (MESA) is affiliated with Rotary. Michael Bostelmann of Rotary Club Guatemala East and MESA sent a container of medical equipment and supplies to Guatemala.



Eagle Scout Avery Atzbach of Troop 525, Pine Creek Ward in Colorado Springs made baby blankets as her project for the Hospitalito. He and his fellow troopers donated 152 adorable blankets that will be given to newborn babies and smaller children who come for cleft lip surgery.

Financial Report

Free & Discounted Care	\$60,695.03
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Expenses

Salaries for 40 Employees	\$295,707.07
Equipment, Utilities, & Maintenance	\$34,976.31
Medications & Supplies	\$80,504.37
Other	\$22,683.21
Total	\$433,871.09

Donations

In Kind

Queen Sofia Foundation	\$45,582.46
Judy Royer, M.D.	\$43,543.08
DirectRelief International	\$33,538.22
Other	\$33,856.46
Total	\$156,520.22

Cash Donations

Patient Contributions	\$307,207.46
Cash Donations	\$162,780.97
Total	\$469,988.43

Social Responsibility

Free Care from Outreach Programs

Managing Diabetes in Santiago Atitlán (World Diabetes Foundation)	\$31,480.21
Community Outreach (Strachan Family Foundation, Conservation Food & Health)	\$18,433.51

Value of Surgical Team Procedures	\$849,476.44
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