



ANNUAL REPORT 2015

Hospitalito Atitlán
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Members of our maternal infant program participate in an ice-breaker during the program's holiday celebration

LETTER FROM THE DIRECTOR

Dear Readers,

It has been a great satisfaction knowing that many are interested in continuing to support health initiatives at Hospitalito Atitlán. We can say so knowing that in 2015 we celebrated 10 years of working with the community of Santiago Atitlán, our target population, and over time the Hospitalito's influence has reached other rural areas to bring health and education.

We initially offered curative care, and have closed the first ten years of this service with pride. Hospitalito and donors have introduced health education to nearly 400,000 people in the department of Sololá through the program "Manejando la diabetes en el departamento de Sololá," (Managing Diabetes in the Department of Sololá) as well as the "Días de Salud" (Days of Health) program which has reached two priority rural areas of Santiago Atitlán



Dr. Juan Manuel Chuc (center) has been HA director since 2007

This year the Strategic plan for 2010-2015 was completed, which is evident in the achievements of the completion of the hospital, continuing medical education, health education programs, care for women with high risk pregnancies and the implementation of new community activities.

During these ten years we have also seen the professional growth of several employees who have been awarded scholarships in the area of nursing, laboratory and X-ray technology.

Hospitalito services have increased in recent years, and we closed 2015 with the 30,336 individual patient files. The laboratory does an average of 1567 procedures per month. During the ten years HA has provided over 110,000 medical services, made possible through the donation of supplies and medications from many donors and the collaboration of many medical volunteers.

THANK YOU to all donors to medical and paramedical staff, administrative staff overall program coordinators and educators, members of the development office, board of directors. Together we have reached a decade of service.

Juan Manuel Chuc, M.D.
Director Hospitalito Atitlán

WHAT WE DO

Hospitalito Atitlán (HA) is a small, private, nonprofit hospital, providing access to preventive and clinical healthcare — with an emphasis on the medical needs of women and children — to 75,000 Maya living on the southern shore of beautiful Lake Atitlán in the Guatemalan highlands. HA has the only 24/7 emergency and surgical obstetrical care within a two-hour radius.

Our dedicated staff is made up of local physicians, nurses and administrators who work hand-in-hand with international volunteer medical professionals to bring quality care to the community. HA promotes ongoing medical education for Guatemalan and international health professionals, helping to improve the region's quality of life.

2015 BY THE NUMBERS

10,727

Out-Patient Consultations

2,947

Emergencies

44

Cesareans

606

Surgeries

1,088

Ultrasounds

1,373

X-Rays

30,632

Patients Served 2005 to Date



OUTPATIENT CLINICS



PRENATAL CARE AND OUTREACH



PARTNERSHIPS



EDUCATION



24/7 EMERGENCY CARE



ADVOCACY

WHY IT'S IMPORTANT

Saving Lives Every Day

Throughout the year, Hospitalito Atitlán staff made a difference in the lives of local children, providing immediate assistance in emergencies. Thanks to our social work department and emergency fund, we are able to get the best care possible for patients in need, often at little or no cost.

These are just a few of the pediatric cases treated at HA in 2015 that had happy endings:

On May 29th, two-year-old **Angélico Gaspar** (second from right) arrived at HA's outpatient clinic with pneumonia. Doctors recommended he be transferred to the national hospital in Sololá, and the HA emergency fund covered the cost of his transfer. After several weeks in the national hospitals in Sololá and Quetzaltenango, Gaspar has recovered and returned home to his family.



Angélico Gaspar and his sisters

Robbie Ericksón Ramírez Quilal is a 7-year old who came to see our pediatrician after maintaining a two-week fever. He was pale and weak. Lab tests showed he had severe anemia and possible indications that eventually led to his diagnosis with leukemia. Without HA's support in helping his family cover transportation costs to Guatemala City for treatment each week, it is likely that Robbie's family would not be able to take him for his essential care.

Concepción Ravinal Mendoza was 17-years-old when her first baby was born by cesarean section. She became pregnant with her second baby within the same year. Due to the probability of a second cesarean section, Concepción was listed as a high-risk pregnancy in order to insure the birth of a healthy baby. HA performed the C-section at no cost to Concepción, who named her baby boy Cristobal. Thanks to the care provided by HA, both mom and baby are healthy.

Four-year old **Diego Manuel Chichom Ajuchan** fell on his bottom into a pot of hot water his mother had ready to steam tamales. He suffered second-degree burns and was treated by the HA pediatrician. After returning for daily wound treatment over the first week and every other day treatment the following week, he made a full recovery.

Juana Coché Chavajay brought her newborn baby to the ER when she noticed he had difficulty breathing. HA's pediatrician asked if the baby had been breastfeeding well, and was told that Mom hadn't been producing milk. As a substitute for breast milk, Juana had begun to give her newborn a cereal in water. The baby was seriously dehydrated and was hospitalized for three days until she recovered. Our social worker and pediatrician visited Juana at home to ensure that her baby continued to stay healthy and happy.

José Manuel Quiejú was brought to the emergency room as a five-month old baby and was diagnosed with bronchial pneumonia. He recovered after five days of hospitalization. The family lives with very limited resources and was unable to pay for José's healthcare. After an evaluation by our social worker, the Hospitalito provided necessary financial assistance and covered the cost of José's services.

These children are from poor families. Many of their mothers are widows or single women who lack economic resources to pay for medical care. With the help of our donors, our staff is able to ensure that every child we see is cared for, whether with a consultation, treatment at the Hospitalito, or a transfer to a higher level of care.

A YEAR OF SUCCESSES

Diabetes Program Expands to Cover All of Sololá

In 2015, Managing Diabetes in the Department of Sololá equipped 28 new clinics that provide prevention, diagnosis, treatment resources and education to community members in 22 towns throughout the department. Three new educational booklets are in print and television spots are being broadcast in three Mayan languages and Spanish. The booklet is used to spread awareness about diabetes prevention and management to patients, health promoters, and community members.

With our extended grant from the World Diabetes Foundation in Denmark, we were able to launch a new campaign for classrooms, allowing us to educate the future generation. In collaboration with the University of Pennsylvania, HA completed a base-line diabetes prevalence study. Our outreach team interviewed and performed rapid glucose tests and HbA1C blood analysis, on 400 participants in 7 of the towns in the lake Atitlán region.

Pictured at right: Health promoters in San Lucas Tolimán participate in a diabetes training



Fundación Strachan

We're pleased that Fundación Strachan extended funding of our community outreach programs for an additional year. We'll be expanding the program to provide education for health promoters and medical services in the fincas (plantations) that are part of Santiago Atitlán and are located on the road to the Pacific coast.

Health Equity Residency with the University of Pennsylvania

University of Pennsylvania initiated the Global Health Fellowship in Comprehensive Care in July of 2015. The physicians rotate for six months at HA, returning to Philadelphia for six months of study.



Dr. Chelsea Glass, left, is a fellow through the program



British Embassy in Guatemala

One of the Hospitalito's goals is to reduce barriers to access to western healthcare for local populations. As part of this effort, HA has begun providing hospital tours to women with high-risk pregnancies, giving them the opportunity to learn about the Hospitalito and meet our staff (who speak Tz'utujil.) The tours help make pregnant women feel more comfortable and less fearful of visiting the Hospitalito in the case of an obstetrical emergency.

EDUCATION AND TRAINING

Family Planning: Key to Reduced Maternal Mortality and Increased Child Survival



In July, medical staff received training from Population Services International (PSI) and the Hospitalito was certified as a provider of family planning and reproductive health programs for women.

As a result of the training, several of our medical personnel are now certified to provide family planning counseling and to insert long-term contraceptive methods, including the IUD and sub-dermal hormonal implant. In addition, Hospitalito Atitlán is part of the Guatemalan network of family planning service clinics and hospitals certified by the PSI program promoted through the Pan-American Social Marketing Organization (PASMO).

Hospitalito Atitlán collaborates with WINGS, an organization in Antigua that focuses on family planning services. In October, WINGS provided tubal ligations and vasectomies at HA for Atitlán's community members. Family planning is essential to women's healthcare.



Two-Year Assignment of Japanese Professional Midwife/Nurse Educator Ends

Fujita Aki completed her two-year assignment as a professional midwife and nurse educator at HA in December. She came as a volunteer through the Japanese International Cooperative Agency (JICA) and worked closely with nursing staff, leading trainings each month. Her team designed a 62-page booklet called "Care Guide During Pregnancy for the Family." Copies were distributed to health workers in the Santiago Atitlán area.

SURGICAL TEAMS



Hospitalito Volunteer
Dr. Andy Smith
Returns with Surgical Team

HA medical personnel were pleased that Dr. Andy Smith organized a surgical jornada in November. Andy was a medical volunteer in 2011 and 2012 and now works as a family doctor at Lawrence General Hospital in Massachusetts. The team was composed of his Dartmouth Giesel School of Medicine classmates and friends. The group performed a week of life changing surgeries, followed by a reunion of jornada members and their families.



Cleft Lip Surgeries

The Hospitalito hosted two cleft lip teams in 2015. In February the Free to Smile team visited the Hospitalito to perform 36 surgeries. In October the Global Smile Foundation team performed an additional 26 surgeries. Infants and toddlers from around Guatemala traveled to the Hospitalito to receive evaluations, surgeries and speech therapy.



Pediatric Dental Team

Dr. Glen Dean's team provided free services at the hospital in March and August of 2015. With the help of Guatemalan dentists from Guatemala City and Quetzaltenango, they saw patients for dental work and performed dental surgeries. Part of the Hospitalito's mission is to foster education and collaboration between national and international medical professionals.

VOLUNTEER PROFILE

We Couldn't Do It Without Our Volunteers!



Dr. Chad Knaus and family in the hospital's medicinal plant garden

Dr. Chad Knaus first visited Santiago Atitlán in 2009 with 14 family members. He and his father, both physicians at Roaring Fork Family Physicians in Carbondale, CO, volunteered at the Hospitalito for a month. "The family trip was the highlight of my residency training," Chad remembered. "My wife Lorri and I felt a connection with Santiago Atitlán, the hospital, and its staff. We wanted to... be able to come back."

Dr. Chad returned in 2013, as "co-pilot" for his friend Nathan Boddy, on a 3,000-mile road trip from Montana to Santiago Atitlán to donate Nathan's truck to HA. He recently sent photos to Nathan after he rode in the truck bed to a medical clinic in Cerro de Oro.

Chad, his wife Lorri, and their children arrived in Santiago Atitlán in September after saving for a trip of a lifetime. They rented out their Colorado home, packed their bags and traveled to Guatemala. They began their trip by studying Spanish in Xela for two weeks. Lorri is home schooling the children with guidance from teachers in Colorado. "I've always been interested in working outside the US...to slow time down and be with the family, to have an experience abroad and learn Spanish."

Now that Dr. Chad has completed his stint at the Hospitalito, the family is vacationing in the Caribbean and Columbia. They will then travel to the Amazon, where Chad plans to volunteer for six months at the St. Clothide Health Center in Peru.

VOLUNTEERS 2015

Volunteers are essential to our work at the Hospitalito. We were thrilled to welcome the following volunteers in 2015:

Doctors & Nurses

Fujita Aki
Michelle Barlow
Emma Batllori
Nathaniel Bon
Anna BuAbbud
Ankita Desai
Lucia Dieguéz
Michael Dougherty
María Fernanda
Sarat Ganga
Chelsea Glass
Dennis Hartman
Stephanie Hocking
Louise Kenny
Chad Knaus
Leanne
Marcotrigiano
Cori Maund
Frances McKindsey
Toussaint Mears
Eliot Miller
Victoria Moore
Lindsay Orme
Patricia Rekawek
Amanda Ritter
Lisa Rosenberg
Jason Simmons
Andrew Smith
Noel Strong
Yen Trang



Dr. Michael Dougherty with Lab Technicians Cristobal and Marycruz



Dr. Amanda Ritter with a patient



Volunteer doctors get ready to leave for one of the Hospitalito's outreach programs which take place in the communities around Santiago Atitlán.

Medical Students

Stephanie Delgado
Konrad Karasek
Benjamin Wiesenthal

Non-Medical Volunteers

Nathaniel Bon
Liliana Chmeilowski
Fullbright:
Michael Broder
Kristian Garcia
Thomas Greenwood
Jeff Lang
Bryce Loomis
Mano Amiga
Music is Love
Exchange (MILE)
Gloria Maker
Princeton in Latin
America (PiLA)
Jenna Berger
Emma Gorin
Emily Nuss
Somos Hermanos
Stephen Smith
University of
Pennsylvania

HOSPITALITO STAFF

We are lucky to count on our talented staff — local doctors, nurses, administrators, and support personnel. They are at the core of the Hospitalito's work. The Santiago Atitlán community is almost entirely Tz'utujil speaking, so it is important to be able to communicate with our patients in their native language. Our team works hand-in-hand with international volunteers to provide essential services.



HA nursing staff celebrate two years with volunteer Fujita Aki

SENIOR EMPLOYEES

Director

Dr. Juan Manuel Chuc

Administrator

Rebeca Petzey Cus

Chief of Staff

Dra. Susana Pajoc Gonzalez

Head Nurse

Concepción Damian Ixbalán

OR Manager

Jacinto García Chipir

Social Worker

Vicenta Chavajay Cortéz

Volunteer Coordinator

Febe Sosof Sepalú

Director of Development

Lyn Dickey



Bianca in the Hospitalito laboratory with Lab Technician Cristobal Ramirez

The Bill Falinsky Health Science Scholarship was created in memory of an anesthesiologist who loved Guatemala and volunteered and supported programs at HA. Administration promoted the scholarship to all employees, and Bianca Mendoza was the awardee. She began studying to become a laboratory technician in 2015.

FRIENDS OF THE HOSPITALITO

Hospitalito Atitlán is able to complete its mission thanks to the generosity and support of all its donors, large and small. We would like to give a special mention to the following donors:

Direct Relief International

Samir D. Geris Charitable Trust

La Familia Klose

**Hope for Poor Foundation
(Desmond Fitzgerald)**

**John and Teresa Lyons (Help
for People Foundation Trust)**

Robert and Julie Finnegan

Masek Foundation

Hola Sertoma

Eighth Day Faith Community

Mark Lepore

Stewart Broder

Heather Pierce

Alan Silverstein

Catherine B. Reedy

Johnathon Jacke

John Long

Michael Dougherty

**Wings of the Morning
Foundation**



Emergency doctor Judy Royer (second from right) from Dayton, OH became an Amiga of Hospitalito Atitlán and people of Santiago Atitlán in 2005, when she began donating supplies and emergency medical equipment to the bomberos (rescue workers) and HA.

Then, she, her sister and other friends decided to take their fundraising to another level. They support local artists by purchasing beautiful bead jewelry made in Santiago Atitlán to sell at craft markets in the Midwest. The money from the sales is used to purchase supplies for Hospitalito and support a number of small private schools in Santiago Atitlán. Judy also gives health evaluations and education to the school children.

Judy, her family and friends have a great time traveling to Guatemala several times a year to shop. They have made close friends in the community. We don't know what we would do without them.



The Klose family are long time friends of the Hospitalito and own a vacation home on lake Atitlán. Thanks to their support, as well as the support of the World Diabetes Foundation, our diabetes program will be able to reach rural communities around the lake.

FINANCIAL REPORT

EXPENSES

Employee Salaries and Benefits	\$279,388.28
Equipment, Utilities, and Maintenance	\$29,114.89
Medications and Supplies	\$65,221.46
Other	\$116,291.81
Total	\$489,996.44

DONATIONS

In-Kind Donations	\$57,869.79
Cash Donations	\$175,020.48
Patient Contributions	\$541,325.29
Total	\$774,215.56

FREE AND DISCOUNTED CARE

HA Social Work Department	\$66,980.00
Community Outreach	
- Managing Diabetes in the Department of Sololá (World Diabetes Foundation)	\$71,898.29
- Community Outreach (Strachan Family Foundation, British Embassy)	\$36,143.43
Total	\$175,021.72